



TECHNOGYM HOME WELLNESS

The Home Wellness concept was developed to encourage the pursuit of wellbeing and a healthy lifestyle in the home environment.

Technogym's philosophy is to combine design, attention to detail and elegant products to add value to interiors and create spaces that promote physical and mental balance. Home Wellness focuses on creating an environment for a better training and sport experience in the most treasured space: your home.

Regardless of the size of the project, Technogym Interior Designers ensure the design of the wellness space is coherent with the styling of the context of its placement, particularly in reference to the chromatic, tactile or decorative identity of the space. A visual representation of the space through 2D imaging and 3D renderings of the layout and materials is also offered as part of all projects.

THE HOME ATHLETE

The client is an amateur athlete who desired to create a home gym to improve his daily performance. Technogym Wellness Expert recommended a combination of Skill line, free weights and Selection 700.

The Skill product family owes its sporty attitude to Technogym's partnership with Olympic athletes. Its bold lines and clean aesthetic create the ideal setting for the pursuit of individual passions and improvement of athletic performance within the fitness space.







Location: Melbourne VIC
Size: 60m²





THE FAMILY HOME GYM

This project was managed by a team of architects and interior designers in collaboration with Technogym Wellness Experts to produce a newly built home.

The client's brief aimed to replicate a premium gym environment within the home. With fitness central to the daily life of the entire family, it was crucial that the space was also suitable to be used by all family members.

Following discussions with the client, our Technogym Wellness Experts were able to identify the products that would address the fitness goals of the family. A combination of Skill Line, Pure Strength, Selection 900 and Cable Station equipment were utilised for a complete cardio and strength area.







Location: Oatlands NSW
Size: 120 m²









THE DESIGNER GYM

The client sought a luxurious space to accommodate her daily workouts with her partner. The perfect combination of strength and cardio equipment were utilised within the space; including Personal Line, Unica, Kinesis and Dumbbells. The mirror-surfaced materials of the Personal range by Antonio Citterio produced perfect lighting and complimented the discreet surroundings of the space.







Location: Avoca Beach NSW
Size: 47m²









THE WELLNESS TEMPLE

This client was a family of four that desired a fun workout space that was also somehow led by a trainer. The aesthetics was central to the creation of the space to ensure that the materials used aligned with the existing design of the environment. Technogym Wellness Experts advised on the use of the Personal Line for its premium design and materials, as well as its Live platform which would allow the client to join live sessions and track progress with Technogym Coach.



Location: Brisbane QLD

Size: 54m²







THE HOLIDAY HOME

Beautiful holiday home in Palm Beach. The client was looking to fill up the space of an empty room with Italian-made equipment that matches the wooden floors and material of the house.

The owner's training routine was mostly cardio along with some functional training. A mixture of Personal Line, Kinesis and Skill Line was recommended from the Technogym Wellness Expert.



Location: Palm Beach NSW
Size: 24m²







THE GARAGE CONVERSION

This client's garage was an empty space that he previously used as a storage space. He therefore decided to take advantage of the space by converting it into a "de-stressing room" where he could park his car in after work and train before enjoying family time.

Despite the small size of the space, we utilised top-end products such as Unica and Personal line to create a harmonious combination of cardio and strength equipment, surrounded by the tranquility of the wooden finishes.



Location: Bellevue Hill NSW
Size: 15m²



THE LUXURY BEDROOM

This bedroom layout allowed for only two pieces of equipment. The client, advised by Technogym Wellness Expert, opted for Kinesis Personal, allowing hundreds of exercises to improve strength, flexibility and balance. Run Personal, featuring Technogym Live platform, includes live sessions, virtual training routines and outdoor immersive experiences.





THE SMART BEDROOM

Given the limited space available, MyRun and Technogym Bench is all the client needed in his own bedroom for a daily routine of strength and cardio training.





THE APARTMENT GYM

The client didn't have a dedicated space for a home gym so she opted for equipment that could work well within the living room space. The client also has a Technogym App subscription and can therefore play workouts from the TV to do on the Technogym Bench.





THE STUDIO LIVING

This is an artist studio in the Victorian countryside. The client was seeking equipment that would complement the furniture and the living space. Technogym Wellness Consultant recommended Personal Line from Antonio Citterio; true objects of elegance and fine lines that enhance interior design.







Technogym Sydney

Ph: 1800 615 440

www.technogym.com

20 McLachlan Avenue, Rushcutters Bay NSW 2010

HOME WELLNESS COLLECTION



TECHNOGYM

Where to find us

Italy

Offices & Showroom

Via Calcinaro, 2861
47521 Cesena (FC)
Numero verde 800 70 70 70
Ph. +39 0547 56047
Fax +39 0547 650555
informazioni@technogym.com
info@technogym.com
home@technogym.com

Technogym Milano

Via Durini, 1
20122 Milano
Ph. +39 02 76280543
milano@technogym.com

United Kingdom

Offices & Showroom

Two The Boulevard
Cain Road – Bracknell
Berkshire RG12 1WP
Freephone 0800 3162496
Ph. +44 1344 300236
Fax +44 1344 300238
UK_info@technogym.com
home@technogym.co.uk

Germany

Offices & Showroom

Frankfurter Str. 211
(Eingang Du-Pont-Straße)
63263 Neu-Isenburg
Toll free 0800 0556633
Ph. +49 (0) 6102 - 822380
Fax +49 (0) 6102 - 8223810
info_d@technogym.com
home@technogym.de

Portugal

Offices

Tagus Park – Nucleo Central, 284
2740 – 122 Oeiras (Portugal)
Toll free 800 112 998
informacao@technogym.net

Netherlands

Offices & Showroom

Essebaan 63
2908 LJ Capelle aan den IJssel
Toll free 0800 3322448
Ph. +31 (0) 10 422 32 22
Fax +31 (0) 10 422 25 68
info_blx@technogym.com

Belgium and Luxembourg

Offices & Showroom

Ikaros Business Park,
Ikaroslaan 25, 2nd floor
1930 Zaventem
Toll free 0800 11198
Ph. +32 (0) 2 720 86 33
Fax +32 (0) 2 721 36 99
info_blx@technogym.com

Spain

Offices & Showroom

Parc De Negocios Mas Blau
Ed. Avant 1 c/Selva, 12
08820 El Prat De Llobregat,
Barcelona
Toll free 900 89 88 99
Fax +34 933 704 736
informacion@technogym.com
home_es@technogym.com

Technogym Madrid

Claudio Coello, 77 28001 Madrid
Ph. +34 916 288 673
madrid@technogym.com

Technogym Marbella

Bvd. Principe Alfonso de Hohenlohe,
Centro Comercial La Poveda, local 2-3
29602 Marbella, Málaga
Ph. +34 952 770 475
marbella@technogym.com

France

Offices & Showroom

20, rue Rouget de Lisle
92130 Issy les Moulineaux
Ph. +33 (0)1 45 29 90 00
Fax +33 (0)1 45 29 90 05
info@technogym.fr
home@technogym.fr

Russia

Offices

BC 'Vereyskaya Plaza 1'
Vereyskaya Street, 29, Build.154,
Office 42 - 121357 Moscow
Ph./Fax +7 495 933 38 34
info_ru@technogym.com

Technogym Moscow - Gum

Red Square 3, GUM, 3rd floor/3rd line
109012 Moscow
Ph. +7 495 737 64 68
GUM@technogym.com

Technogym Moscow - Vremena Goda

Kutuzovsky prospekt, 48 floor 0,
Vremena Goda Mall, 121352 Moscow
Ph. +7 495 136 40 49
vremenagoda@technogym.com

Technogym St. Petersburg

Bolshoy prospekt P.S. 49/18
Ph. +7 812 703 53 34 - St. Petersburg
spb@technogym.com

Australia

Offices & Showroom

20 McLachlan Ave
Rushcutters Bay
NSW 2010
Ph. +61 (02) 8883 0172
Toll free 1800 615 440
Fax +61 (02) 9672 6410
info.au@technogym.com

United Arab Emirates

Offices & Showroom

Third - 727 Sheikh Zayed Road
Palladium Building
Dubai, United Arab Emirates

Abu Dhabi Showroom

Al Maqta Building -
Sultan Bin Zayed The First St.
Abu Dhabi, United Arab Emirates
Ph. +971 4 3375337 (centralized)
Fax +971 4 3372660 (centralized)
infouae@technogym.com

Brazil

Main Offices & Showroom

Alameda Gabriel Monteiro da Silva, 1158
Jardim América – São Paulo - SP
CEP 01442-002
Toll free 0800 600 6070
Ph. +55 11 2938 4380

Other Offices

Av. Paulista, 1439 - Suite 114
Bela Vista - São Paulo – SP
CEP 01310-100
Toll free 0800 600 6070
comercial_br@technogym.com

North America

Offices & Showroom

700 US Highway 46 East,
Fairfield, New Jersey 07004
Toll free 800 8040952
Ph. +1 206 6231488
Fax +1 206 6231898
info@technogymusa.com

Technogym New York

70 Greene St, New York, NY 10012
Ph. +1 646 578 8001
newyork@technogym.com

Technogym Los Angeles

131 N Robertson Blvd.,
Los Angeles, CA 90048
Ph. +1 201 452 8307
losangeles@technogym.com

Japan

Offices & Showroom

Seafort Square Center Bldg. 18F
2-3-12 Higashi-shinagawa
Shinagawa-ku, Tokyo, 140-0002
Toll free 0120 576 876
Fax +81 (0)3 5495 7789
jp_info@technogym.com

China

Offices & Showroom

4th Floor, No.1 Building
No.881 Wuding Road
Jing An District, Shanghai
200040, China
Toll free 400 860 9986
Ph. +86 21 5888 6355
Fax +86 21 5888 6950
sales_china@technogym.com

Hong Kong

Offices & Showroom

Room Mariana, 16/F, Tower 5,
The Gateway, Harbour City,
Tsim Sha Tsui, Kowloon,
Hong Kong
Ph. +852 31162622
Fax +852 31162625
info_hk@technogym.com

Other Countries

Offices & Showroom

Via Calcinaro, 2861
47521 Cesena (FC), Italy
Ph. +39 0547 650111
Fax +39 0547 650555
info@technogym.com
home1@technogym.com

